

# **Salads For Weight Loss: Over 70 Wheat Free Cooking, Heart Healthy Cooking, Quick & Easy Cooking, Low Cholesterol Cooking, Diabetic & Sugar-Free Cooking, ... In A Jar-detox Green Cleanse Book 62 By Don Orwell**

**By Don Orwell**

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Terry Conlan is a chef at Lake Austin Spa Resort in Texas and author of Fresh: Healthy Cooking and Living from Lake Austin Spa Resort (Favorite Recipe Press, 2003).

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